



Your Best Life

Scaled Finance Welcome Course: Episode 3

Your Best Life: 3 Questions

Part One: Why

Welcome back!

Last episode touched on power reasons personal finance matters

Today we'll work through an exercise to help you strategize your best life.

How would you live your life if money weren't an issue?

That can be a tough question to answer!

Why do adults ask children what they want to be when they grow up?

They're looking for ideas! 😊

Path Research

Directional

Determining what to "do" became a top priority as my family's pursuit of financial independence gained momentum.

It took us years to decide how to re-prioritize our lives!

We knew the small town we'll move to once our daughter flies the nest.

However, we also knew ourselves well enough to know we need things to:

- Give us purpose
- Leverage our strengths
- Connect us with others

We found our encore careers and are now pursuing our passions.

How Depends on Where

Where to go?

I like the Cheshire Cat's response upon meeting Alice in Wonderland.

When Alice asked which way she ought to go, the cat responded:
"That depends on where you want to get to."

There's an old military saying:

"If you don't know where you're going, any road will get you there."

A vision – even a foggy one – is key to living a great life.

A Mind is Like a Parachute...

It Only Works When It's Open!

Kinder's 3 Q's

These following three questions focus on your life, not your finances.
However, your responses may be critical for both!

This material was developed by George Kinder and the [Kinder Institute of Life Planning](#). It is part of a training program that leads to the Registered Life Planner® designation.

If you've already gone through this exercise, please do so again.
Things change!

Be honest with yourself.

Engage with an open mind.

The only wrong answers are either inauthentic or superficial.

George Kinder's 3 Questions

Please watch the three video clips below

I feel no-one is better at asking George Kinder's questions than he is!

Take as much time as you need after each question to respond before resuming.
Be sure to jot down or type up your responses.

Question 1: [< two-minute segment](#)

Question 2: [< two-minute segment](#)

Question 3: [< two-minute segment](#)

Great Job!

Excellent Work!

Pat yourself on the back.

You may need to stand up. 😊

Now let's explore a bit further.

5 Question Double-Click

Diving Deeper

Which of your responses resonate with you?
Go ahead and create a short list.

Now, double-click on each by asking yourself five questions:

1. Why do you feel that's important to you?
2. What might you be able to do about it?
3. Who could that involve?
4. When would it make sense to start?
5. Where could you start?

1 Action Today

Start One

Finally, pick one of the actions you identified.
Spend at least 10 minutes on it today.

It can be the tiniest, easiest step in the direction you feel compelled to go.
A journey of 1,000 miles begins with a single step.

Congratulations!

Self-reflection is HARD.

You've taken an important step in building your best life.

Thank You, Next!

If you know someone who could benefit from this episode, share it with them:
scaledfinance.com/welcome-course

Be on the lookout for the next email – again, in about a week.
We'll review net worth: what it is and what it isn't.

If you'd like to work ahead, navigate to the course link.

See you soon!

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